



## *... Cease & Desist! (to all major herbal retailers)*



Normally, I hate it when government sticks it nose into things, but this is different

About once per week I'll have someone say to me after I make a nutritional recommendation "I'll get that at Wal-Mart"

And everytime I hear it I cringe.

Why you ask?

I cringe because I happen to know what goes into a quality herbal supplement.

You see it is more than just making sure you've got the right plant. A lot more...

Here's the short list:

1. right plant
2. right plant part



3. assay of active ingredients at the beginning when raw herb is harvested

4. quality processing to extract volatile herbs

5 assay of active ingredients before tableting or bottling.

Without these five steps -- you have not idea what you're going to get.

So here's the deal. If you're going to spend money at least get what you're paying for.

The DWC uses MediHerb because we trust the Good Manufacturing Process they use to make their products.

It's costs a little more, but its a whole lot better than throwing money away!

Ask me about this anytime. I'm more than happy to share about Quality Assurance in the herbal industry.

Dr. Olejak



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## New York Attorney General Targets Supplements at Major Retailers

The New York State attorney general's office accused four major retailers on Monday of selling fraudulent and potentially dangerous herbal supplements and demanded that they remove the products from their shelves.

The authorities said they had conducted tests on top-selling store brands of **herbal supplements at four national retailers — GNC, Target, Walgreens and Walmart — and found that four out of five of the products did not contain any of the herbs on their labels.** The tests showed that pills labeled medicinal herbs often contained little more than cheap fillers like powdered rice, asparagus and houseplants, and in some cases substances that could be dangerous to those with allergies.

For the full article go here:

<http://well.blogs.nytimes.com/2015/02/03/new-york-attorney-general-targets-supplements-at-major-retailers/? r=0>

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